# **Islamic Primary School**

<Love> sharing and resources (P.1-6)

27/4/2020

# Caring and empathy



## A. Let's watch the videos (a-c)!

a."Together, We Fight the Virus"「同心抗疫 你我出力」有聲故事繪本 https://www.hkedcity.net/etv/zh-hant/resource/5001740477

(You can choose Chinese or English subtitle versions by pressing the "CC" button)



b. 疫症下的小故事- 「同理」防疫 https://www.youtube.com/watch?v=roFe3X1aOWM

c. This is how people are helping each other during the Coronavirus outbreak <a href="https://www.youtube.com/watch?v=yQHuP2mEp6M">https://www.youtube.com/watch?v=yQHuP2mEp6M</a>

The videos showed people are willing to care for others during the Coronavirus outbreak.

If you know some friends or relatives who are in need, you can ring them to show you care.

And if you see someone without a mask, you can give him/her a mask rather than teasing them.

Although it is difficult now, we can show our love and empathy to get through these hard times.

#### **B.** Activities

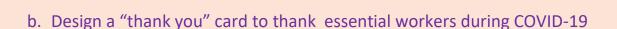
a. Send us a photo or a video!



We're all staying home during the Coronavirus outbreak. Have you developed good relationships with your family and friends?

Please send us a photo or a video about the activities that you have done with your family members by email: <a href="mailto:lawy@islamps.edu.hk">lawy@islamps.edu.hk</a> or WhatsApp at 6212 3252 on or before 10<sup>th</sup> May,2020.

We will use the photos and videos to make a movie for Love Family Sharing.





How can we thank health-care workers?

How can we thank cleaners?

Many people are making a great effort to fight the virus: health-care workers, cleaners, bus drivers, etc. We want to support them!

You can design a "thank you" card by drawing or writing and send us a photo of the card by email:

lawy@islamps.edu.hk or WhatsApp at 6212 3252 on or before 10th May, 2020.

### **C. Tips for Parents**

If you have any enquiries on parenting or are in need of resources, feel free to contact our School Social Worker at 2450 2270 or WhatsApp at 6212 3252 during office hours (Monday-Friday 8:30am- 5:00pm)



#### Here are some resources:

Division of Educational Psychology-Hong Kong Psychological Society 香港心理學會教育心理學部 Information and Resources for Supporting Children and Students During School Suspension 《停課資源整合 – 學童篇》(Chinese version only) NEW

https://drive.google.com/file/d/1ox6Ug5dswL k6D8RAgQNq5hi O6936CT/view?usp=sharing

2. SWD Clinical Psychological Service Branch

2020 Psycho-education information Hub for Combatting the Novel Coronavirus 社會福利署 臨床心理服務科 <2020 抗疫心理資源庫>

https://www.swd.gov.hk/en/index/site\_pubsvc/page\_cps/sub\_gp/

3. | 香港紅十字會 Shall We Talk: 面對疫情而出現情緒影響的市民 (Emotional support and

counselling)

Whatsapp: 5164 5040

Telegram: @hkrcshallwetalk

https://www.redcross.org.hk/tc/ncov2019.html

4. | 新生精神康復會: 【情緒 GPS】心理防疫錦囊-免費網上(ZOOM) 講座系列 (Emotional GPS:

Zoom courses)

https://www.egps.hk/news-events

5. Tough Times Together- Free broadband for the Disadvantaged

香港寬頻「逆境同行,免費寬頻」

English version:

https://cloud.e.hkbn.net/ToughTimesTogether-en

Chinese version:

https://cloud.e.hkbn.net/ToughTimesTogether

6. The Community Chest Anti-NCP Rainbow Fund 公益金及時抗疫基金

https://www.commchest.org/en/news/press\_release/884